

---

Subject: Bad experience

Posted by [keemaya](#) on Thu, 16 Feb 2012 12:44:27 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I am sure that everyone out there has heard the old saying, "You don't know what you have until it's gone", right?

I met a lovely man that advertised for a long term relationship. I did not reply to his but vica versa. I answered his email and after swapping stories we swapped mobile numbers and we spent one weekend sending love messages to each other, then on Monday last week he phoned me and we spoke for the first time. He told me he loved me, I was what he was looking for etc. Things became very intense, he even planted red roses in his garden, neither of us could sleep, we were emailing, texting and talking over the phone constantly.

Then we decided to meet for lunch. He met me at the railway station holding a dozen red roses in his hands. He also gave me a single white rose in a gold box - romance was in the air. On meeting we felt that we already knew each other, and although we were both nervous we enjoyed each others company. He started making plans for the future and I foolishly listened.

After such a lovely day we both went home to our own children . He has 6 of them and they all live at home. His ex-wife left to go and find herself in Africa, but that was only 2 years ago.

Two days later after very little contact I knew something was wrong, he text me to say he would email me on the Monday and I knew then that it was over before it had begun. And sure enough Monday morning the 'dear John' was waiting for me. He did not want to continue with the relationship as he was not ready and felt like he was drowning, he blamed me I did nothing he did all the chasing. I was heart broken and could not believe a human being who is suppose to be kind, caring etc. could treat me that way. I cried for three days after, I threw out the flowers he gave me, and I could not sleep. I was in shock. I could not understand why he emailed me in the first place if his intentions were not honest. So let other ladies be aware, do not be fooled by 'knights in shining armour' who fall in love with you before they meet you. The feeling I had was so bad I decided that no more did I want to know any men, but surely there are decent men out there somewhere.

---

---

Subject: Re: Bad experience

Posted by [nicks](#) on Fri, 24 Feb 2012 12:21:32 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

It's a true saying "If they manage to fall" then no one can heart any one. my best wishes are with you but i think you are very lucky that you came to know everything about him very earlier but just think for a minute that if you notice all these things after a very long time then what would have happened.... i can't even imagine about this because it was really very painful.

But on the other hand it as also truly said that "Life does not stop anyone from going out from your life" so don't feel so bad for whom who is not made for you or you can say that he does not deserves you there is someone more better love is waiting for you..... just wait and pray.

Single Russian Women  
Ukrainian Brides

---

---

Subject: Re: Bad experience  
Posted by [keesingh](#) on Sat, 03 Mar 2012 10:14:08 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

At first I thought this Internet dating thing might be fun. After all, I'm 47, there are no single folks in my church and my employer has a no-dating rule. Where else would I meet people? But it has turned out to be pretty awful.

In one week on Match.com I met two convicted felons -- one who just got out of prison -- two serious substance abusers, and a lot of guys who feel the yardstick of success is measured in motorcycles.

I thought the thing to do was to let my Internet dating subscription expire, to let it die a natural death before I met one more "non-smoker" who hasn't "quite kicked the habit yet."

Then I saw the Match.com debit on my bank draft. What was this? It wasn't even authorized.

It turns out once they have your bank information, the good folks at Match.com thoughtfully re-enroll you every year without your permission unless you head them off and send a notice of resignation. Resignation? How about a white flag? Someone let me off of this thing!

Russian Brides  
Russian ladies

---

---

Subject: Choose with the cool hairstyle  
Posted by [chilling](#) on Thu, 08 Mar 2012 01:51:55 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

uiuyiyuio

---

---

Subject: Have your heart broken ?  
Posted by [Taruna](#) on Sat, 21 Apr 2012 08:58:51 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Dear friends...  
if u have a no girl/boy friends don't worry. join a good Dating site and find your partner in world wide.. then enjoy your life.

---

---

Subject: Re: Have your heart broken ?  
Posted by [daygamedatingcoach](#) on Wed, 23 May 2012 03:35:39 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

seems like a good site

---

Subject: Re: Have your heart broken ?  
Posted by [neiljohnson85](#) on Sun, 08 Jul 2012 16:43:33 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

If you'll just humor me for a minute, though. Think back. Think back to your first crush, or the first person you liked, or your first relationship, or your first love, or any of the number of times you were let down by someone, rejected, broken up with. How it felt. How it felt like you couldn't breathe, or leave bed, or put your laundry away, you couldn't even do the laundry, you couldn't answer the phone or go to school or work or anywhere; all you could do was mourn. Where are those people now, the ones who broke your heart? Do you know? Do you care? That life you thought was over, is it? Or are you still alive, crying over someone you didn't even know existed that one weekend you spent watching reruns of The OC and devouring cartons of Phish Food because your college boyfriend wanted to go on a break?

The Modern Man

---

Subject: Re: Have your heart broken ?  
Posted by [Trish0102](#) on Mon, 28 Jan 2013 09:13:33 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Okay, I'll try this site.

---

Subject: Re: Bad experience  
Posted by [jessa2013](#) on Tue, 29 Jan 2013 08:09:44 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Moving on is only the solution to that problem!

---

Subject: Re: Have your heart broken ?  
Posted by [jessa2013](#) on Tue, 29 Jan 2013 08:11:26 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

We sometimes came to that point. But if you still stay on that past how can you move on?

---

Subject: Re: Choose with the cool hairstyle  
Posted by [jessa2013](#) on Wed, 30 Jan 2013 10:56:33 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Yes of course! as for me.

---

Subject: Re: Bad experience  
Posted by [Trish0102](#) on Thu, 31 Jan 2013 06:00:52 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Things do happen for a reason. Maybe you are just not meant to be and there is someone out there who is really intended to be with you. Don't waste your time on someone who makes you feel less wanted and loved.

---

Subject: Re: Have your heart broken ?  
Posted by [Trish0102](#) on Thu, 31 Jan 2013 06:03:18 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

I am fond of visiting different dating sites. I'll try on this one.

---

Subject: Re: Have your heart broken ?  
Posted by [sydney](#) on Fri, 06 Jun 2014 05:36:53 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

heheheh website is still under construction please update it i am so excited about sgoogle

---

Subject: She gave her address to a guy she met at the pool...  
Posted by [Musicguy](#) on Fri, 21 Nov 2014 05:37:24 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

My girlfriend moved closeby after a 9 month, mostly long- distance romance. We've been committed (her idea) most of that time. She moved in with a good female friend of mine. When my girlfriend was at the clubhouse pool she met a guy who told her his wife was out of town, he has lots of money, and does she need help with anything? Oh, and he provided her with his address, as she related all this to me. The whole thing made me a little uneasy, but I didn't say anything because just talking to a guy is no big deal. At least it wasn't until he showed up at her condo! Turns out that she had provided him her address too, although she neglected to tell me that tidbit. My girlfriend wasn't home but her roomie was, who immediately texted me saying the guy was "definitely looking for action".

I promptly dumped her. If she's going to be in a monogamous relationship with me, but still act like a single girl, with a married guy to boot, how can I trust her with my heart? Some of my

friends think I overreacted, including her roomie, who now thinks this guy is the best thing since sliced bread. All I know is that I'm hurting, I can't trust her, and my friends think I'm a jealous jerk.

Thoughts?

---

---

Subject: Re: She gave her address to a guy she met at the pool...

Posted by [dating\\_thoughts](#) on Fri, 26 Dec 2014 08:06:09 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I'm sorry to hear your situation, it sounds a tricky situation. I'm not expert although if you want her back and/or want try the relationship again you're probably going to need to talk to her. Explain why you acted as you did if you feel you are justified in the way you acted at the time. But her actions obviously have you cause for concern so ask her some questions, give her the opportunity to explain the situation. The fact that she's not told you certain aspects which you've found out yourself could mean this had caused you to not trust her and tell her this as she may have a valid reason for the situation. Things can also look a bit strange when taken out of context. At the same time it sounds like perhaps you're trust in her had been shaken so you both may need a little time to move on from this. Hope it goes ok

---

---

Subject: Re: Bad experience

Posted by [maryapple](#) on Tue, 24 Mar 2015 07:17:24 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Really, it's hard problem! The one thing I can tell - you don't need him! But you can overcome any difficulties, because the main is to believe in yourself!) Once I had such issue... but I didn't "drop my hands" and I did everything for my future life! I can say you that it's necessary to distract your mind from these cares and enjoy your life! Because you have "one life" and "other life" won't be given you! I advise you develop and improve yourself and you'll understand that this life can give you a lot of joys! You must think about yourself, so far as, nobody think about you! Family is very valuable for everyone, but when we grow up, - we start our "new life"! J I wish you good luck!

---

---

Subject: Re: She gave her address to a guy she met at the pool...

Posted by [garrodrebecca](#) on Fri, 27 Mar 2015 05:05:49 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

It's better to move. A lots of girl is there. In the World only one girl is not existence. If your girlfriend really loves you then why she take another guys number ? Yes from my point of view it is very bad as the guy is not his office colleague or his friend. He was just an unknown person. I know money is everything but when a girl gives more importance money and not love she surely can do anything. I probably based on this suggest you to leave it and take a fresh breath.

---

---

Subject: ex-lover

---

Posted by [123456](#) on Mon, 06 Apr 2015 09:42:04 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

We haven't talked each other for more than 2 years, but her number was inculcated on my mind, don't need to save, I still remember. Hesitating a bit, I answered her phone, memories were returned on my mind. The happy and fun days when we still loved together. But now, she isn't belong with me. When drinking iced tea, my friends always teasing each other that: " There are 2 possibilities for ex-lover to call, one is invited to her wedding, and other is making you be poured shell people. I just think and laughed aimlessly but she called to invite me to her wedding. I came late on her wedding, because I don't want to see her at her home. I go to her husband's house with her. I just want to send gifts to congratulate her family, but my heart control rational, so I go to her home..  
See more at [dreaminlove](#)

---

---

Subject: How to forget someone

Posted by [vilhelmcarlberg](#) on Sat, 09 May 2015 11:26:52 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

There are many programs, David DeAngelo's is one of them, who teach you how to start with women, what to say on the first time and how to make yourself more attractive to girls.

What they don't teach is how to get over someone who is not attracted to you or that doesn't love you back. I realized that all the teachings on how to start and be more attractive to women won't work when you're still obsessing over someone who doesn't love you back.

Having a crush or being infatuated with someone who doesn't feel the same for you happens to almost everyone even to the most handsome and famous guys and in most cases it can be a painful and agonizing experience.

So here I collected a list of tips on how to get over someone you love who doesn't love you back. These advice really helped me a lot. The advice is equally true both for men and women:

1. Get your mind off of him/her. The most important thing is not to be alone. Surround yourself with family and friends, the people who love you unconditionally and spend more quality time with them.
2. Ask yourself what might be in his head or his heart; it takes two people to be in a relationship and even though you feel the way that you do, maybe it was meant to be this way. Save your love for someone who feels the same way about you!
3. Love is a peculiar thing. There is an almost ludicrous asymmetry between two people. The person at the top of your best friend list may rank you only at the middle of his or her list. However, if you truly, truly loved someone, then you'd be able to realise that it's OK if they don't love you back. True love gives and expects nothing in return; a true unrequited love. So, I've moved on from my perfect potential companion. He gave me the strength to realise that I can move on. He gave me the courage to try something different. He gave me the wisdom and sense for me to also respect myself. So, if you truly loved them, it doesn't matter if they feel the same

way, your love conquers all.

4. For all those wondering what went wrong just stop wondering say it really aloud "SHE IS JUST NOT THAT INTO YOU". Only when one stops chasing and pursuing someone who doesn't love you, will you open the door to that perfect person who will love you back with the same intensity that you will love him.

5. It's not about getting over a person, it's about feeling good about yourself. It's about knowing that you are the most important and you need to be happy. If this other person doesn't feel the same way, it doesn't really matter.

6. This situation is always an unfortunate one. It is ideal for 2 people to love each other the same, and at the same pace, but life is never ideal. To get this kind of relationship to work, you need patience! you have to weigh either waiting for her or moving on as options. If your feelings are real, and you choose to hang in there, you must not scare her away with your feelings! If things are meant to work out, you should be great friends before lovers anyway. While you let both your feelings reach equilibrium, you'll find it becomes easier sometimes just to ignore your strong feelings for her and just kick-back and chill with her. It's not always important to impress her, or do nice things for her in a loving way. It may give you hope to know that she can see you in the same light, just not so quickly.

7. Try to find and see the flaws in your love object. When you're infatuated with someone you see them as a completely perfect, flawless person capable of doing no wrong. Remind yourself that your image of them is quite irrational. The madness of infatuation creates many unrealities. You perceive your love object as vastly more wonderful than is real. Learn to see that your love object has faults, flaws, and the normal number of human quirks. Remind yourself that your image of this person is unrealistic. Remind yourself also that no one can live up to your imagination. The more you remember this the sooner you will get your feelings much more in proportion.

8. Love is a peculiar thing. There is an almost ludicrous asymmetry between two people. The person at the top of your best friend list may rank you only at the middle of his or her list. However, if you truly, truly loved someone, then you'd be able to realise that it's OK if they don't love you back. True love gives and expects nothing in return; a true unrequited love. So, I've moved on from my perfect potential companion. He gave me the strength to realise that I can move on. He gave me the courage to try something different. He gave me the wisdom and sense for me to also respect myself. So, if you truly loved them, it doesn't matter if they feel the same way, your love conquers all.

9. If you believe in destiny then you have know that things happen when they are meant to be. People part for reasons beyond human comprehension but the reality remains if you are meant to love each other and be with each other, it will happen. That's the power of destiny. Love always wins. Love is important and only it counts.

10. The older I get, the more I believe that some people are full of the capacity to love - like me - and others are incapable of it in the romantic sense, for whatever reason. Fear of commitment. A distorted view of freedom. The desire to stay young forever. A deep unwillingness to give themselves over to another (aka, selfish). It is an absolute rock and a hard place. Loving someone who doesn't love you back is the most impossible situation imaginable, especially when the love is

so strong you are a slave to it.

11. Deal with reality. Stop hoping, dreaming, etc. Pray and tell God that you forgive them for not being able to love you. Ask God to take this from you - and He will. Then continue to deal with reality. Don't tell yourself, maybe someday... they'll change...

12. True love accepts the person for who they are, even when they are bad and they don't love you. It means accepting reality. When you love and accept reality at the same time, you are forced to move on. When you deal with reality and move on without love, you take bitterness with you. When you love without dealing with reality, you hurt yourself. Love the other person, Accept the reality and pray to God for the wisdom and strength you'll need to do that continuously until it ceases to become a problem.

13. There is one more thing I can recommend. There are times when you feel very weak and feel you need to talk to that other person even though they may have just hurt you again, you don't know why you want to talk to them, you just do. I've been able to get by these weak moments by writing down exactly what I'm feeling at the time, it comes out in a jumble of feelings and thoughts, some not so pleasant, but in the end it actually helps and I don't feel to call the person anymore. For everyone out there, keep strong and keep your head up, there are better days ahead.

14. Remember that life goes on. You had a life before them and you will have a happy life after them. It's up to you whether you want to keep dwelling on the past or just keep moving. Memories can haunt us but the best way to deal with them is to bury them where they belong, in the past. You've got to start looking to the future.

---

Subject: Re: How to forget someone  
Posted by [oviman](#) on Fri, 14 Aug 2015 09:41:39 GMT  
[View Forum Message](#) <> [Reply to Message](#)

Nice argument specially number 11 points- Deal with reality.

---

Subject: Re: How to forget someone  
Posted by [JaniceMcGee](#) on Sat, 15 Aug 2015 09:46:21 GMT  
[View Forum Message](#) <> [Reply to Message](#)

That is pretty good way to get over someone, but everything heels overtime even a broken heart!

---

Subject: Re: Bad experience  
Posted by [LeePalm44](#) on Wed, 23 Sep 2015 15:05:04 GMT  
[View Forum Message](#) <> [Reply to Message](#)

One of the most common questions I hear from females is: Why are men so cold and hot at the same time? I liked LiveDatingMe Blog article 5 Steps You Push Her Away (without realizing it) <http://blog.livedating.me/5-steps-you-push-her-away-without-realizing-it/> . Guys it's true (y)

---

---



Subject: Re: Have your heart broken ?  
Posted by [LeePalm44](#) on Wed, 23 Sep 2015 15:27:15 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

It's not easy to realize that your relationship are not as good as you think. Finally, you come face-to-face with reality that you can't move ahead anymore. Read some warnings of a bad relationship that you should not ignore. Thank you LiveDatingMe Blog for the article <http://blog.livedating.me/warning-signs-of-a-bad-relationships/>

---

Subject: Re: Have your heart broken ?  
Posted by [LeePalm44](#) on Wed, 23 Sep 2015 15:31:35 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Do you practice communication challenges in your relationship? There are 4 main mistakes couples make while interpersonal communication and this leads to misunderstanding in relationship. Well, just read <http://blog.livedating.me/trouble-comes-from-the-mouth/> . Thank you, guys, very useful!

---

Subject: Re: Have your heart broken ?  
Posted by [Millionaire Dating Sites](#) on Fri, 16 Oct 2015 02:08:37 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

yes my heart is broken when my first crush refused me to accept as life partner

---

Subject: Re: Bad experience  
Posted by [Millionaire Dating Sites](#) on Fri, 16 Oct 2015 02:09:53 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

so sad to hear. hope you will find your partner soon and lead happy life

---

Subject: Re: How to forget someone  
Posted by [Millionaire Dating Sites](#) on Fri, 16 Oct 2015 02:11:43 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

It takes time to forgot someone you love from heart. There is saying "time heals all wounds". Try to refresh yourself and participate in all the activities you would like to and focus on your dreams.

---

Subject: Re: ex-lover  
Posted by [Millionaire Dating Sites](#) on Fri, 16 Oct 2015 02:19:47 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Its pathetic to attend ex-girl friend weding. please control your emotions and move-on in your life.

---

---

Subject: Re: She gave her address to a guy she met at the pool...  
Posted by [Millionaire Dating Sites](#) on Fri, 16 Oct 2015 02:26:16 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

I think you talk to her and clarify that weather she meet him or not. if she says yes ask d reason you think its not genuine reason better you should move on and if she says no don't pin point d situation ask her does she really love you!!?

---

---

Subject: Re: Have your heart broken ?  
Posted by [thompsonpaul958](#) on Mon, 30 Nov 2015 10:09:51 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

No. I've never felt how to be in love or to be loved by somebody. How is it?

---

---

Subject: Re: Have your heart broken ?  
Posted by [das](#) on Tue, 01 Dec 2015 09:36:01 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Find the match for you. whereweallmeet, a place where we provide events, dating ideas and personal service in finding the match for you.

---

---

Subject: Re: Have your heart broken ?  
Posted by [das](#) on Tue, 01 Dec 2015 09:37:00 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Find the match for you. whereweallmeet, a place where we provide events, dating ideas and personal service in finding the match for you.

---

---

Subject: Re: ex-lover  
Posted by [NickLox1](#) on Wed, 02 Dec 2015 12:41:59 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Everyone at least once felt what being heartbroken means. But despite everything you have to collect yourself and move on. Let past be the past. And I want to suggest you to read this article, if your past still bothers you

---

---

Subject: Re: She gave her address to a guy she met at the pool...

Posted by [NickLox1](#) on Wed, 02 Dec 2015 12:48:37 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Jealousy and envy are two of the most common--yet negative and useless--emotions many of us have. For a long time, I let both of these destructive feelings overwhelm and poison me. Jealous is not a good thing, you know. Don't waste time on jealousy. Sometimes you're ahead, sometimes you're behind. But I still can't understand whether jealousy can be a positive thing... like white lie.. What do you think, guys?

---

Subject: Re: Choose with the cool hairstyle

Posted by [NickLox1](#) on Wed, 02 Dec 2015 12:50:50 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I think there is always a part of a person who needs to be physically attracted to a person. But that doesn't mean that he has to be "the hottest guy ever". That's getting pretty superficial. Think about it this way- would you rather have a guy who bores you to tears and has a horrible personality but is really attractive, or someone who may not be the most attractive person but can make you laugh and smile and listens to you when you need him? In the long run, life makes priorities change and you have to decide what is going to be valued more than the other. If you are a person who only searches the surface, then you may not ever find what you are looking for. Try looking for happiness, and what you get may blow you away. So tell me now: does appearance matter in relationships?

---

Subject: Re: Have your heart broken ?

Posted by [Zorro](#) on Sat, 12 Dec 2015 00:03:56 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

It was once  
We were together for 9 years  
After she was gone  
as if among us there was nothing  
I have 2 years of went crazy

---

Subject: Re: How to forget someone

Posted by [Brick11Molain](#) on Tue, 05 Jan 2016 09:45:11 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

It's not easy to forget the person you felt strong enough feeling with whom you have connected a lot of bright emotions. It doesn't matter for how long you have communicated, if you got the feelings, it can not disappear without a trace, or within two days or two weeks.

And what about the long-term relationships that penetrated into all your being deeply and thoroughly. However, there is always a way out, and that now seems hopeless deadlock,

tomorrow may turn glimmer of hope, stage of development and raising to a new level.

The main advice that I can give you is not to despair and not to leave with in distress in your head. After all, being fixated on the situation will change nothing but your emotional state has deteriorated. try to limit your being in places where your ex could certainly be.

As practice shows, the best method of hardening the character and the dissolution of the bitterness of parting is a complete disregard, confidence and calmness. But what you should not do is engage in self-flagellation, to take all the blame, self-pity, pouring his unsuccessful attempt device personal life streams of tears and words.

The main argument of medicine and healing for all occasions - a classic formulation that all that happens in our lives is for our good, or, quite simply, everything that is done for the best! Only such approach will help you to restore peace of mind quickly.

If the relationship for whatever reason fell apart, you should not even try to revive them from the ashes, much better - start to build new ones.

---

Subject: Re: How to forget someone

Posted by [lisame](#) on Fri, 08 Jan 2016 08:48:50 GMT

[View Forum Message](#) <> [Reply to Message](#)

It's not easy to forget the person to whom you felt strong feeling with whom you was connected and felt a lot of positive emotions. No matter how short you relationship was, feelings can not disappear without a trace, in two days or two weeks. And I understand how difficult is to burn all the bridges after long-term relationship. However, there is always a way out, and what now seems to be a hopeless deadlock, tomorrow may turn into glimmer of hope, new stage of development and raising to a new level.

The main advice that you will hear from any psychologist is not to despair and not to leave with his head in distress. After all, if you are focused on the situation, nothing will change, but your emotional state will deteriorate.

I do not know whether you will pleased from the following statement, but the question of how to forget the person with whom you have just broke up, has no answer.

So when emotions are going wild, and negative thoughts fog your brain, do not succumb them, and let things take their course. Switching on the head to your body, in the future, will help you to avoid many unpleasant moments, from a sense of shame in the first place, and ending with a sense of guilt.

After analyzing the pros and cons of the situation, one can often find that much more advantages. And what sense is to discouraged if things are going better.

---

Subject: Re: Bad experience

Posted by [lisame](#) on Wed, 13 Jan 2016 09:07:59 GMT

[View Forum Message](#) <> [Reply to Message](#)

keemaya wrote on Thu, 16 February 2012 14:44 You don't know what you have until it's gone.

"Lost love is still love. It takes a different form, that's all. You can't see their smile or bring them food or tousle their hair or move them around a dance floor. But when those senses weaken another heightens. Memory. Memory becomes your partner. You nurture it. You hold it. You

---

---

Subject: Confused after only a week....

Posted by [IceRose](#) on Tue, 26 Jan 2016 13:20:43 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I'm sorry at how long this is, but I don't want to keep bothering my friends with this, and have no where else to really pour out my feelings to.

I think its a broken heart, but can it be broken after only a week? I'm 26, and not some young naive kid. I know that a week isn't enough time for have any kind of real feelings, usually its only infatuation. But I can't help it, this is a feeling I've never felt before. Its only been a week, but I can't help feeling as if it was that magical "spark" that so many people have talked about having. I'll refer to him as "R" henceforth.

When R and I met, I had already gone on a few dates with another guy, but was turned off more and more every date we had gone on. Then I went to a friend's graduation part, and fate had left the only empty chair next to me for when R arrived. We teased each other a bit during dinner, but I just thought of it as something friendly. Then when we all went out to a club later that night the attraction grew immensely. At one point while sitting he put his arm around me and started stroking my shoulder. We excused ourselves to a more quiet area and talked until everyone decided to leave.

When we arrived back at our friend's place, we set up a place for him to crash. I'd stay in the bed with her, while he was on the floor next to our bed. As we had exchanged numbers earlier he texted me asking me to join him on the floor. I jokingly asked him why, and he said "because it'd be nice to fall asleep next to you. That is literally, start to finish, my whole reasoning." I declined as I wasn't sure if my friend was interested in him or not, and thought it would be rude if she awoke to us cuddling on her floor while she slept.

At some point we all woke up, with my friend discovering she somehow shed her clothes in the middle of the night, and decided to not bother putting her pj's back on. I made the choice to then stay with R on the floor. We ended up kissing...a lot...and just rubbing our hands all over each other. Nothing inappropriate, as I still felt weird having my friend sleeping in a bed right next to us.

The next day we stuck in a few kisses, and ended up cuddled on a couch during a football game we were watching with our friend and her family. We feel asleep like that, prompting everyone to take pictures and remark on "how cute it was."

I had to drive him back to his car when we were leaving to drive home, seeing as we all decided to carpool the previous night. After I helped him scrape ice off of his car, I went to hug him and he surprised me by kissing me again and again, and apologizing.

He was apologizing because he is in the military and is deploying for Turkey in two weeks. He was apologizing for the bad timing.

I knew in my brain that nothing would come from it, but I couldn't help being torn up inside. He was leaving for Turkey for 15 months, then was stationed on the West coast. He said that he would visit the East coast from time to time, as his father still lived in the area.

Two days later I sent him a text telling him that I know its bad timing but that i really wanted to get together again before he left. We decided to meet that Friday night, with him offering to make the hour drive to my town. I declined and told him I would drive down to his place, as I moved back home with my parents and didn't want it to be awkward.

Later that week we found out about the huge snow storm was happening, and he told me that if it was bad he didn't want me to risk the drive. That he didn't want me "to take any unnecessary risks" driving down.

When I arrived, we brought my things in, then settled in to watch a movie with his roommate. We cuddled again he entire time, then when his roommates left to make a store run before the storm, we ended up getting extremely intimate until we moved into his room. It was so passion filled and amazing. Then when we tried to have sex, the condom killed it for him. He apologized, and later said that he knows I'm disappointed, but that just having me there with him was enough. We had private time a few more times that night, obviously unable to have sex, but he was so concerned about pleasing me that it was okay. And let me say he was good at it.

I tried to return the favor but he just couldn't get to that point unless he did it himself. It was all okay however. We went to sleep holding each other throughout the night.

The next day was okay too, we hung out with his roommate for a while, watched another movie, went back into his room, then got interrupted by his roommate who wanted to drive around in the snow (no clue, but apparently they love to do that).

They wanted to take the little two seat-er car, so I told them to go without me to us some space, R had been spending a lot of his time on his phone on online chats for cars (as that is his passion and he liked giving people advice to help them get around during the storm.) I decided to lay in bed and watch a movie, and when they arrived back around two hours later, R went right back on his phone. He finally came back to his bed, and complained how he was so tired, and promptly passed out. Needless to say I was upset as it was our last night together, and I wanted to spend it similar to how we had the night before.

Later in the night I woke up, as I never sleep well, plus I had gone to bed upset. I must have woken him up because all of a sudden his arms were around me and pulling me into his chest and he just held me. We ended up kissing again and had our intimate time for a few hours. I teased him at one point on him not complimenting me, and he looked at me weird saying that he thought his actions were showing it. I didn't respond

When we both woke up again later in the morning, it was weird

It was almost as if he couldn't wait for me to leave. He asked if the roads were cleared in my area yet, however said for me to stay as long as I needed to. We went to the store, and we both bought some food to eat, without me realizing that he meant to cook for me.

I finally packed my things up when the awkwardness hit a peak. I packed up my car, and he came out to help me navigate my car out of the driveway thorough the snow. At one point I got stuck, and he offered to try and drive it out himself. I had tears beginning to form in my eyes, and Im not sure if he noticed or not. He kissed me goodbye again, and I made him promise to stay safe, and to keep in touch with me. He promised he would and smiled.

I cried the entire drive home, and for the rest of the day felt like I was going to throw up. I still feel like that today. Why? We've known each other a week. I'm not even sure that if he wasn't leaving, if he would even want to be together, or if it was just that he didn't want to be alone. That he just wanted a warm body next to him.

He did seem like he felt something for me. Every time we sat together or cuddled he would reach out and hold my hand. I've had non relationships before, where the guy wasn't looking for anything more than a hookup, and they've never treated me the way R has. I'm just so confused, and I want to just ask him straight out about how he feels, but I also don't want to put any pressure on him since he's leaving in a week to go to a dangerous area.

I'd love to be something like a pen pal to him, just to try and keep his spirits up when he's away. My friend and her mother even said to do that and see where it ends up, that they think it could develop into something more. They've known him for years and don't think that he would just use me like that, that he's a good guy.

I just wish I knew how to sort out my emotions on this. I feel pathetic, and know its stupid because we have literally known each other for a WEEK! I just can't help feeling the way I do.

---

Subject: Confused after only a week.

Posted by [IceRose](#) on Tue, 26 Jan 2016 16:25:42 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I'm sorry at how long this is, but I don't want to keep bothering my friends with this, and have no where else to really pour out my feelings to.

I think its a broken heart, but can it be broken after only a week? I'm 26, and not some young naive kid. I know that a week isn't enough time for have any kind of real feelings, usually its only infacuation. But I can't help it, this is a feeling I've never felt before. Its only been a week, but I can't help feeling as if it was that magical "spark" that so many people have talked about having. I'll refer to him as "R" henseforth.

When R and I met, I had already gone on a few dates with another guy, but was turned off more and more every date we had gone on. Then I went to a friend's graduation part, and fate had left the only empty chair next to me for when R arrived. We teased each other a bit during dinner, but I just thought of it as something friendly. Then when we all went out to a club later that night the attaction grew immensely. At one point while sitting he put his arm around me and started stroking

my shoulder. We excused ourselves to a more quiet area and talked until everyone decided to leave.

When we arrived back at our friend's place, we set up a place for him to crash. I'd stay in the bed with her, while he was on the floor next to our bed. As we had exchanged numbers earlier he texted me asking me to join him on the floor. I jokingly asked him why, and he said "because it'd be nice to fall asleep next to you. That is literally, start to finish, my whole reasoning." I declined as I wasn't sure if my friend was interested in him or not, and thought it would be rude if she awoke to us cuddling on her floor while she slept.

At some point we all woke up, with my friend discovering she somehow shed her clothes in the middle of the night, and decided to not bother putting her pjs back on. I made the choice to then stay with R on the floor. We ended up kissing...a lot...and just rubbing our hands all over each other. Nothing inappropriate, as I still felt weird having my friend sleeping in a bed right next to us.

The next day we stuck in a few kisses, and ended up cuddled on a couch during a football game we were watching with our friend and her family. We fell asleep like that, prompting everyone to take pictures and remark on "how cute it was."

I had to drive him back to his car when we were leaving to drive home, seeing as we all decided to carpool the previous night. After I helped him scrape ice off of his car, I went to hug him and he surprised me by kissing me again and again, and apologizing.

He was apologizing because he is in the military and is deploying for Turkey in two weeks. He was apologizing for the bad timing.

I knew in my brain that nothing would come from it, but I couldn't help being torn up inside. He was leaving for Turkey for 15 months, then was stationed on the West coast. He said that he would visit the East coast from time to time, as his father still lived in the area.

Two days later I sent him a text telling him that I know its bad timing but that i really wanted to get together again before he left. We decided to meet that Friday night, with him offering to make the hour drive to my town. I declined and told him I would drive down to his place, as I moved back home with my parents and didn't want it to be awkward.

Later that week we found out about the huge snow storm was happening, and he told me that if it was bad he didn't want me to risk the drive. That he didn't want me "to take any unnecessary risks" driving down.

When I arrived, we brought my things in, then settled in to watch a movie with his roommate. We cuddled against each other the entire time, then when his roommates left to make a store run before the storm, we ended up getting extremely intimate until we moved into his room. It was so passion filled and amazing. Then when we tried to have sex, the condom killed it for him. He apologized, and later said that he knows I'm disappointed, but that just having me there with him was enough. We had private time a few more times that night, obviously unable to have sex, but he was so concerned about pleasing me that it was okay. And let me say he was good at it.

I tried to return the favor but he just couldn't get to that point unless he did it himself. It was all



okay however. We went to sleep holding each other throughout the night.

The next day was okay too, we hung out with his roommate for a while, watched another movie, went back into his room, then got interrupted by his roommate who wanted to drive around in the snow (no clue, but apparently they love to do that).

They wanted to take the little two seater car, so I told them to go without me to us some space, R had been spending a lot of his time on his phone on online chats for cars (as that is his passion and he liked giving people advice to help them get around during the storm.) I decided to lay in bed and watch a movie, and when they arrived back around two hours later, R went right back on his phone. He finally came back to his bed, and complained how he was so tired, and promptly passed out. Needless to say I was upset as it was our last night together, and I wanted to spend it similar to how we had the night before.

Later in the night I woke up, as I never sleep well, plus I had gone to bed upset. I must have woken him up because all of a sudden his arms were around me and pulling me into his chest and he just held me. We ended up kissing again and had our intimate time for a few hours. I teased him at one point on him not complimenting me, and he looked at me weird saying that he thought his actions were showing it. I didn't respond

When we both woke up again later in the morning, it was weird

It was almost as if he couldn't wait for me to leave. He asked if the roads were cleared in my area yet, however said for me to stay as long as I needed to. We went to the store, and we both bought some food to eat, without me realizing that he meant to cook for me.

I finally packed my things up when the awkwardness hit a peak. I packed up my car, and he came out to help me navigate my car out of the driveway thorough the snow. At one point I got stuck, and he offered to try and drive it out himself. I had tears beginning to form in my eyes, and Im not sure if he noticed or not. He kissed me goodbye again, and I made him promise to stay safe, and to keep in touch with me. He promised he would and smiled.

I cried the entire drive home, and for the rest of the day felt like I was going to throw up. I still feel like that today. Why? We've known each other a week. I'm not even sure that if he wasn't leaving, if he would even want to be together, or if it was just that he didn't want to be alone. That he just wanted a warm body next to him.

He did seem like he felt something for me. Everytime we sat together or cuddled he would reach out and hold my hand. I've had non relationships before, where the guy wasn't looking for anything more than a hookup, and they've never treated me the way R has. I'm just so confused, and I want to just ask him straight out about how he feels, but I also don't want to put any pressure on him since he's leaving in a week to go to a dangerous area.

I'd love to be something like a penpal to him, just to try and keep his spirits up when he's away. My friend and her mother even said to do that and see where it ends up, that they think it could develop into something more. They've known him for years and don't think that he would just use me like that, that he's a good guy.

I just wish I knew how to sort out my emotions on this. I feel pathetic, and know its stupid because we have literally known each other for a WEEK! I just can't help feeling the way I do.

---

---

Subject: Re: Confused after only a week....  
Posted by [NickLox1](#) on Tue, 09 Feb 2016 18:18:18 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

one week is not an indicator. attitudes and feelings are measured by time. years, decades. explosion of emotions - this is the concept of time. Having a new object of adoration and new emotions will overflow you. if you want a temporary relationship or intrigue in relationships, start this relationship. if you want something durable, care of yourself for the most important relationship in your life. believe me, it's worth it.

---

---

Subject: Re: She gave her address to a guy she met at the pool...  
Posted by [abbecool](#) on Thu, 09 Jun 2016 15:21:39 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

But you did a right thing. He was not serious in relationships with you and just wanted to have fun.

---

---

Subject: Re: ex-lover  
Posted by [abbecool](#) on Thu, 09 Jun 2016 15:23:51 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

But it would be better if you did not attend that ceremony. To refresh the past memories is not a good idea if you can't your emotions.

---

---

Subject: Re: ex-lover  
Posted by [Andrea](#) on Tue, 13 Feb 2018 15:43:27 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

You shouldn't have attended the wedding of your ex-girlfriend. Especially when you're still into her. You should move on cause she already did and already married.

---

---

Subject: Re: ex-lover  
Posted by [Andrea](#) on Tue, 13 Feb 2018 15:50:56 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

You shouldn't attended the wedding of your ex-girlfriend, especially when you're still into her. You should move on because she already did and she's already married.

---

Subject: Re: She gave her address to a guy she met at the pool...

Posted by [Andrea](#) on Tue, 13 Feb 2018 15:55:29 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

You maybe overreacted but what you did was right, she shouldn't be acting single and hooking married guy because she's already committed to you. If she did that once she can to it a hundred times.

---

Subject: Re: She gave her address to a guy she met at the pool...

Posted by [kaitlynlily6](#) on Sun, 25 Feb 2018 22:37:45 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Sorry to hear about your situation. In my opinion, you should hear her explanation first, could be that the guy just found or knew her address from someone/somewhere else. If it's true that she gave her address to the guy and hid it from you then best to move on. It's hard to be in a relationship where you can't trust a partner.

---

Subject: Re: ex-lover

Posted by [kaitlynlily6](#) on Tue, 06 Mar 2018 04:48:28 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Since you have already attended the wedding, just move on and be happy for her. There's no point holding on with the feeling coz she's already married

---

Subject: Re: ex-lover

Posted by [slink](#) on Wed, 09 Jan 2019 17:34:18 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

yeah, shit happens sometimes, carry on and keep up You'll find the girl you have been looking for

---

Subject: Confused about what happened

Posted by [katrinx](#) on Mon, 20 May 2019 21:15:28 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I am very confused about something that happened recently in my relationship. I would appreciate any advice that any of you can give me. Thanks.

So, I have been in a relationship on and off with my boyfriend for 4 years. Recently we had an argument as there have been issues for a while as we don't spend a lot of time together (he works nights and we don't live together) which doesn't help. The argument was pretty bad and out of nowhere he starts sobbing saying he's sick of arguing and scared I'm going to leave him. I comfort him and told him I wouldn't leave him ok and he said good and stops crying.

---

Fast forward a week. He came over the other night as a surprise saying work doesn't need him tonight and he wanted to see me. I was surprised as wasn't expecting him, however, was happy to see him. Once in my flat, I told him I needed to get in the shower as had been working earlier and was sweaty. He then asked if he could join me and I said no. He knows I don't like it and has always respected this in the past. I then got in the shower and closed the door fully. After 5 mins he walked in the bathroom naked and just got in the shower with me. I told him to get out, but he started kissing me and ignored what I said. I didn't say anything more and just went along with it. After us both getting out of the shower we got in bed, we started to make out and had sex (me on top) and he came. After lying down cuddling for a bit he suddenly starts tickling me really hard and when I said stop it and was trying to push him off cause it hurt. He just started to laugh at me and carried on. Next thing he gets on top of me and forces my legs open and I ask him what he's doing and then say no, as we've just had sex. He just said no (in a daft voice) and then pushes inside of me and then he starts tickling me again really hard. I ask him to stop again and he said what "The tickling or sex". I said the tickling (not the sex) and he stops. He then while still inside me said "I love you ok" and then proceeds to pin one of my hands down and puts his other hand around my throat and starts having sex with me really hard. I didn't say no but cried out a few times in bed and he started to do it harder. After. He got off me and said, "You didn't want that did you, I could tell you wasn't in the mood". I said no as I was tired from work and we had just had sex. He then said, "You know why I tickle you"? I said no and he replied, "Because I'm the man and I can".

I am confused about this incident as we have only ever had gentle sex in the past and he has always stopped when I have told him not to do things. I am not sure if my feelings are over the top or even if what he did was that bad. I would really appreciate any advice you can give me. Thanks.

---

Subject: Re: ex-lover  
Posted by [Hardy](#) on Fri, 31 May 2019 18:01:23 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

bro control your feelings, she is no more in your life as a partner, maybe you can be a good friend of hers.  
don't think too much about her and move on.

---

Subject: Re: ex-lover  
Posted by [Hardy](#) on Fri, 31 May 2019 18:43:52 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

oh I am sorry for you dear, I must say move on and grab any other girl.

---

Subject: Re: ex-lover  
Posted by [Hardy](#) on Fri, 31 May 2019 18:51:06 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

oh I am sorry for you dear, I must say move on and grab any other girl.

---

---

Subject: Re: How to forget someone

Posted by [CrazyRockstar](#) on Wed, 19 Jun 2019 10:03:59 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Just go all with your head to something new, maybe work or something!

---

---

Subject: Re: ex-lover

Posted by [MrGreener](#) on Wed, 24 Jul 2019 06:09:44 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I had ex 3 years ago, she still didn't moved on. I think she's still hoping that I come back to her. But that's not gonna happen.

---

---

Subject: Re: How to forget someone

Posted by [healthfreak](#) on Wed, 13 Nov 2019 04:28:01 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

All of these are practical tips worth trying to practice in one's life after a break-up.

---

---

Subject: my story about lobe

Posted by [treyakk](#) on Sun, 29 Mar 2020 19:54:07 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Hello everyone, I want to share my incredible find, which literally changed my life. For several years I was in splendid isolation. And a friend advised a very cool site where I met my future husband. The site design is insanely good, which creates the impression of a reliable service. And reliability means that you are protected and in reality you can find your love and get married accordingly.

---

---

Subject: Why would this guy vanish after getting close to me ?

Posted by [Nat386](#) on Tue, 14 Jul 2020 18:00:27 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

This story happened a few months ago, before the quarantine. I saw again a guy I had known 4 years before, when we were still students. Back then, even though we came from very different backgrounds, we immediately clicked and there was attraction between us. He was interested I think, but he never said it (but he'd walk me home almost every evening, things like that). But he was

---

often clumsy with me (meaning a bit provocative, making hurtful jokes and not picking up on it when I'd ask him to stop). He hot and cold...and he was in a relationship that he was not so excited about anymore (he only told me after a few weeks of flirting with me). But nothing concrete ever happened between us, we never confessed our mutual interest to each other. I was inexperienced, I didn't know how to reciprocate, and he never said, "I like you." His attitude and volatility was making me unsure and insecure.

I moved out of town after a few months and he didn't really try to stay in touch with me (just once or twice, but things were odd and he was still kind of passive aggressive, I felt like he didn't really care). He vanished, and we didn't talk for years. I had never forgotten about him.

When we saw each other again months ago, both being single, we got along again, we'd talk for hours about everything, and we were both more \* and stable. He kissed me one night and then we started going on dates. I must admit I was excited about it.

We discussed what had happened years ago, he said he was interested but didn't see reciprocity. He asked if I felt able to be comfortable with him today. And honestly I didn't know... I think I needed time : he had hurt me in the past by disappearing, and we hadn't seen each other for nearly five years. I was scared I was not his type of girl and vice versa. He seemed annoyed and said types didn't mean anything and it was too early to think of our compatibility and I should trust my instinct. I sort of went with it, I wanted to try !

I still found him a bit cold, sarcastic, critical... I didn't feel at trust with him. I know how a man can be when he likes you (kind, constant, upfront... ) and he was not really like that (he also hadn't been in the past, often changing and defensive) but I was extremely troubled, interested and attracted. My past feelings were not gone.

He was not very warm and not very talkative between dates. But we were still really getting along, we only went on five dates, but we'd talk a lot and walk for hours each time. The physical chemistry was great (for me, at least). We'd kiss for 20 minutes straight, cuddle... He had to leave for a month long trip... a week before he left, we had heavy petting one evening, for 2 or 3 hours. He left at 3 or 4 am, he looked strange, a bit awkward and cold. He didn't write to me the day after. It confused me. I knew he had to work so I sent him a text saying I hoped he wasn't too exhausted. He said he was far from regretting what had happened.

Then, a week later, we went out again and had sex at the end, I slept at his place. And then he left for his trip and seemed to pull away...writing less, not asking how I was or returning my questions... so I stopped initiating contact now, and he hasn't tried to contact me or to remain friends with me, he claimed to find me special and interesting. It hurt me, and I was confused. I find it douchy. Why would he come back after years to disappear again like that? How would you react ?

Any opinion would be welcome

---

---

Subject: Re: Why would this guy vanish after getting close to me ?  
Posted by [livinglife](#) on Thu, 23 Jul 2020 05:54:46 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

To me it seems like he was not that into you except for mainly sex. Weird to say but i am not aware of other situations that happened in the story during the disappearance. If you have skype or discord or anything or need someone to vent or talk to let me know so i can give you a detailed info about the situation

I have been in a similar messy situation. I am glad i am not anymore and just living my life.

---

---

Subject: Re: Have your heart broken ?  
Posted by [Maurices](#) on Thu, 22 Oct 2020 10:06:01 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

I am sorry to hear that and I hope you'll be able to change the situation soon

---

---

Subject: Re: Have your heart broken ?  
Posted by [marymindme](#) on Sat, 22 May 2021 14:33:39 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

I highly recommend that you take the Volikov's test, he will tell everything about your character, you will believe and love yourself again. Also, you can punch your loved ones on this test. You will look at them from the other side, you will learn how to communicate with them, why they do this one way or another. He generally saved me from depression.

---